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# Alliance of Dragons (AOD)

## Social Skills Program

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**Location:** 226a Glen Osmond Road, Fullarton SA 5064

**Website:** [www.SocialPlayAcademy.com](http://www.SocialPlayAcademy.com)

**Contact:** [admin@socialplayacademy.com](mailto:admin@socialplayacademy.com)

### What is the 'Alliance of Dragons'?

*Alliance of Dragons* (AOD) is a competitive, tabletop-based social development program for teens and older children. Set in a simplified wargaming format, AOD supports flexible thinking, emotional regulation, and complex social decision-making—through strategic gameplay and shifting alliances.

Participants build their own fantasy armies, form and break alliances, and engage in evolving weekly battle scenarios. Each social challenge is embedded within the game, helping young people navigate negotiation, conflict, perspective-taking, and leadership in a fun, meaningful way.



### What Makes AOD Unique?

- Combines tabletop wargaming with structured social-emotional learning
- Encourages independence, reflection, and peer accountability
- Designed for neurodivergent teens seeking more advanced social challenges
- Aligns in-game growth with personal goals and weekly skill-building
- Rewards social learning through in-game progression (e.g., new miniatures)

### What is Involved?

- **Duration:** 10 weekly sessions (120 minutes each)
- **Group Size:** 3-4 participants per group
- **Format:** Typically facilitated after-school, during school terms
- **Eligibility:** Ideal for adolescents aged 13+ with social communication needs. Suitable for children with Autism Spectrum Disorder (Level 1-2), ADHD, or related profiles.
- **Program Pack:** Participation in AOD requires a 'Program Pack' (includes all the necessary resources to participate in the program: dice, tokens, miniatures, skill cards, Adventurer's Guide activity book).



**SOCIAL PLAY ACADEMY PTY LTD**  
**ABN: 71 678 090 429**  
226a Glen Osmond Road  
Fullarton SA 5063  
admin@socialplayacademy.com

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## Skills Does DOTS Promote?

### Explicit Focus

Friendship & social group dynamics  
Emotional regulation  
Conflict management & compromise  
Perspective-taking (Theory of Mind)

### Embedded Social Skills

Teamwork & turn-taking  
Flexible thinking under pressure  
Negotiation & alliance-building  
Critical thinking & decision-making

## Program Fees

Fees for participating in the Dragons of the Spectrum program are twofold:

### **The AOD Program Pack**

The 'AOD Program Pack' is required for your child to participate in the social skills program. This program pack includes all resources needed to engage in this group: the program workbook, parent handouts, social skill cards, and gaming resources. Components of the program pack will be provided over the course of the ten-week group.

Once-off cost of \$367.00.

*This cost is not claimable through Medicare or private health.  
This cost may be covered by the NDIS.*

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### **The AOD Social Skills Program**

The 'AOD Social Skills Program' involves attending 10 sessions weekly, each lasting 120 minutes.

Weekly session cost of \$183.00.

*This cost is claimable through Medicare or private health.  
This cost may be covered by the NDIS.*

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**Total fee: \$2,197.00**

**NDIS:** If your child has NDIS goals related to social skills or group therapy, the full program (including the Program Pack) can typically be covered under your child's plan.

**Medicare:** Medicare rebates are available if your child has a current Mental Health Treatment Plan (MHTP) from a GP, or a referral from a Paediatrician specifying a group program. For sessions facilitated by William Ellison, Clinical Psychologist, the Medicare rebate is \$68.30 per session attended.

## How to Register

To express your interest or apply for an upcoming AOD group, please complete the form at: [www.socialplayacademy.com/expression-of-interest-form](http://www.socialplayacademy.com/expression-of-interest-form)